Ways To Reach Out During A Health Fair

Pray in preparation for: open doors (opportunities to share)
open hearts (to receive the good news)
open mouth (God's words in your mouth)

Offer blood pressure screenings and blood sugar screenings.

When people stop by for your services, point out that they are **free** just like God's love is **free**!

BP screening process:
Ask about any health history of hypertension, family history, symptoms of hyper or hypotension. After you have taken their BP, write it on a church brochure, bulletin, or other church promotional piece or tract—to connect them with your church. Offer educational information about hypertension/heart health etc. Encourage visit to MD especially for those with abnormal BP readings and for those on antihypertensive meds. Offer to pray for them about any felt need they would like to share. Write it down for you or your church's prayer team to pray for. If the person seems particularly open and needy, pray for them on the spot.

BS screening process:
Ask about any health history of diabetes or hypoglycemia, family history, symptoms of hyper or hypoglycemia. After you have taken their BS, write it on a church brochure, bulletin, or other church promotional piece or tract—to connect them with your church. Offer educational information about diabetes, etc. Encourage visit to MD especially for those with abnormal BS readings and for those on diabetic meds. Offer to pray for them about any felt need they would like to share. Write it down for you or your church's prayer team to pray for. If the person seems particularly open and needy, pray for them on the spot.

Keep a record of BP and BS readings—name, time, reading—in case someone returns and wants to recheck at a later time.

Sources to find donations for health fair supplies:
--church budget
--doctors offices
--local pharmacies (not national chains)
--glucometer companies (i.e. Bayer, B/D, etc.)

Health fair in a box supplies:

Gloves	Lancets	BP cuffs (reg, ped, XL)
Sharps container	Glucometers	Stethoscopes
Kleenex	Glucometer strips	Educational materials
Sign announcing services	Alcohol swabs	Church brochures, tracts
Trash sacks	Pens	BP, BS reading records
Bandaids	Waterless hand gel	Tape